



Monday, October 16 is Breast Health Awareness Day.
Stop by our Breast Evaluation Center for this annual event for NOCHS Employees! Door prizes, educational materials, snacks and mammograms! Thank you Breast Center Team for all you do!

Hours

Monday - Friday
Breakfast
6:30am-9:30am
Continental Breakfast
9:30am-11:00am
Lunch
11:30am-1:30pm
Salad & Deli Bar
1:30pm-5:00pm
Dinner
5:00pm-6:45pm

Saturday - Sunday
Continental Breakfast
8:00am-11:00am
Lunch
11:30am-1:30pm
Cafe Closes at 2:00pm on Weekends

Managers

Food Service Manager
Peggy Hoover
847-5246
Dietitian
Kelli Meyer
847-5357

North Ottawa Community Hospital Cafe

Week of Monday October 16, 2017

Monday, October 16, Breast Health Awareness Day

Entree: Cheese Enchiladas
Stuffed Cabbage Roll
Harvest Rice
Mixed Vegetables
Soup: Cream of Broccoli Soup

Tuesday, October 17

Entree: Beef Stew
Salmon Barley Lentil Salad ☺
Whipped Potatoes
Green Peas
Soup: Cheese Soup

Wednesday, October 18

Entree: Meatloaf
Honey Pecan Turkey & Arugula Salad ☺
Whipped Potatoes
California Blend Vegetables
Soup: Homemade Chicken & Wild Rice Soup

Thursday, October 19

Entree: Vegetable Lasagna
Chicken Tortellini
Brussel Sprouts
Soup: Chicken Tortilla Soup

Friday, October 20

Tailgate Time!!

Saturday, October 21

Entree: Cheese Manicotti ☺
Garlic Breadstick
Spinach
Soup: Squash Bisque

Sunday, October 22

Entree: 4 piece Fried Chicken
Whipped Potatoes
Green Beans
Soup: Split Pea with Ham