



Mindful Tip of the Week!
**It's Earth Day
 Saturday!**

**Help keep our parks
 and lakes clean. Visit
 one today!**

Hours

Monday - Friday

Breakfast

6:30am-9:30am

Continental Breakfast

9:30am-11:00am

Lunch

11:30am-1:30pm

Salad & Deli Bar

1:30pm-5:00pm

Dinner

5:00pm-6:45pm

Saturday - Sunday

Continental Breakfast

8:00am-11:00am

Lunch

11:30am-1:30pm

**Cafe Closes at 2:00pm
 on Weekends**

Managers

Food Service Manager

Peggy Hoover

847-5246

Dietitian

Kelli Meyer

847-5357

North Ottawa Community Hospital Cafe

Week of Monday April 24, 2017

Monday, April 24

Entree: Baked Spaghetti & Meatballs ☺
 Cheese Enchiladas
 Breadstick
 Spinach
 Soup: Cream of Broccoli Soup

Tuesday, April 25

Entree: Maple Glazed Roast Pork ☺
 Chicken Caesar Salad
 Roasted Red Potatoes
 Fresh Steamed Baby Carrots
 Soup: Lobster Bisque

Wednesday, April 26, Admin. Professionals Day

Entree: Meatloaf
 Greek Chicken Tacos ☺
 Whipped Potatoes
 California Blend Vegetables
 Soup: Chicken & Wild Rice Soup

Thursday, April 27

Entree: Southwest Lasagna
 Chicken Tortellini
 Broccoli
 Soup: Tomato Florentine

Friday, April 28, Arbor Day

Open Grill

Saturday, April 29, Earth Day

Entree: Cheese Manicotti ☺
 Garlic Breadstick
 Spinach
 Soup: Squash Bisque

Sunday, April 30

Entree: 4 piece Fried Chicken
 Whipped Potatoes
 Green Beans
 Soup: Split Pea with Ham