



**Happy Health Services  
Week!**

**Thank you for all you do!**

**You're the best!**

Hours

**Monday - Friday**

**Breakfast**

6:30am-9:30am

**Continental Breakfast**

9:30am-11:00am

**Lunch**

11:30am-1:30pm

**Salad & Deli Bar**

1:30pm-5:00pm

**Dinner**

5:00pm-6:45pm

**Saturday - Sunday**

**Continental Breakfast**

8:00am-11:00am

**Lunch**

11:30am-1:30pm

**Cafe Closes at 2:00pm  
on Weekends**

Managers

**Food Service Manager**

Peggy Hoover

847-5246

**Dietitian**

Kelli Meyer

847-5357

*North Ottawa Community Hospital Cafe*

Week of Monday May 8, 2017

*Monday, May 8, Free Donuts from the Docs*

Entree: Jerk Chicken Breast ☺  
Veggie Penne Bake ☺  
Steamed Rice  
Peas

Soup: Chicken & Dumpling Soup

*Tuesday, May 9, Employee Banquet*

Entree: Chicken Lasagna  
Au gratin Potatoes with Diced Ham  
Red Beans and Rice  
Mixed Vegetables

Soup: Chicken Gumbo

*Wednesday, May 10*

Entree: Apple Orchard & Pecan Salad ☺  
Tortilla Encrusted Tilapia  
Harvest Vegetable Rice  
Broccoli & Carrot Medley

Soup: Tomato Herb Bisque

*Thursday, May 11, Nurse's Tea*

Entree: Crispy Chicken & Mango Salad  
Roast Turkey ☺  
Whipped Potatoes  
Green Beans

Soup: Minestrone Soup

*Friday, May 12, Free Yogurt Bar*

Entree: Gyro  
Chicken Tenders  
French Fries  
Cole Slaw

Soup: Chili

*Saturday, May 13, 5/3 River Bank Run*

Entree: Chicken Wings  
French Fries  
California Blend

Soup: Chicken Noodle Soup

*Sunday, May 14, Mother's Day*

Entree: Strawberry Fields Salad ☺  
Rosemary Redskins

Soup: Cheese Soup